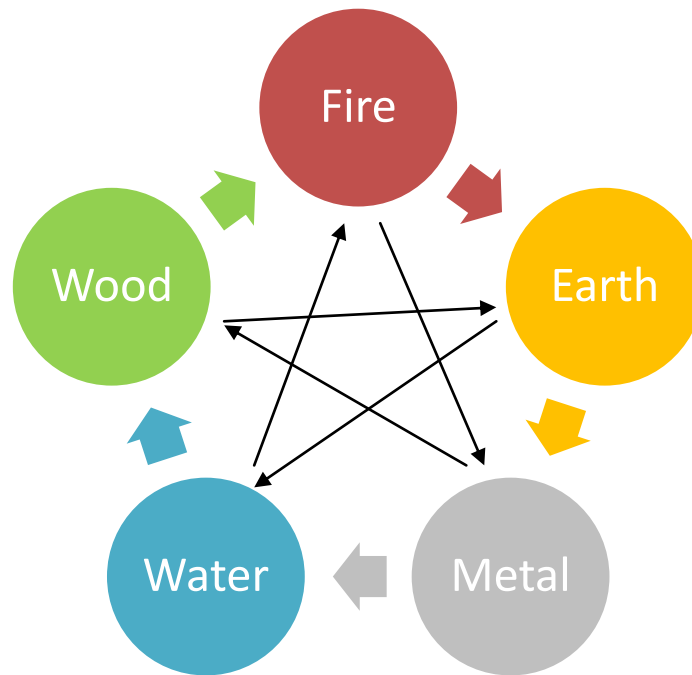


## Feng Shui

### WU XING- The Five elements



These five elements were decided as the result of the observation of cycles in nature such as seasonal changes. Therefore, fire represents summer, earth represents late summer, autumn represents metal, winter represents water and wood is represented by spring. The objects can be classified according to their colour, shape and what are they made out of which can determine the elements or form.

Once we have determined the form we can use the item of particular form as a remedy.

For instance, the analysis shows that there is too much metal in one of the areas so we can introduce the fire element as it melts metal. Another example of remedying draining energy from the wet room is to introduce earth element as it stops the water almost like building a dam on the river.